

University High School Council  
Grant Request Form  
2021-2022 School Year

Organization/School Club: RUHS PE Department

Requestor Name: Nicole Rullo

Total \$ Requested: \$4000.00

Date of Request: 12/9/2021

Date Funds Will Be Required: 2/1/2022

1. Briefly describe the nature of your request, including a description of the activity, description of the capital item, or comprehensive way the funds will be used; attach supporting documents if available.

On behalf of the PE Department and sports teams, we would like to request ½ of the funds to purchase rubberized flooring for the weight room. The approximate cost is \$8,200.00 which would purchase rubberized flooring for ½ of the weight room.

2. How often does this activity occur or how often will the capital item be used (e.g., one-time, recurring)?

The weight room is used seven periods of the school day and about 3 to 5 hours after school by different sport teams.

3. What is the educational value and/or benefit of this activity?

The educational benefit of this purchase would be for students to have an updated space to learn weight training. By updated, I am referring to the many other weight training facilities offered in Tucson, which have the rubberized flooring. The rubberized flooring will protect the weights, if dropped on the ground, and protects students from possible accidents (slipping) when working out. Weight training and Body conditioning standard is to develop physically literate individuals who have the knowledge, skills, and confidence to enjoy a lifetime of healthful physical activity.

4 How are participants identified or selected to participate in this activity?

University students have the option to join Rincon's PE and Weight Training classes. Weight Training is offered every period of the school day. Rincon also offers an all-girls weight training class called Body Conditioning. Students should speak with their counselor to see which class would fit into their schedule.

5. How will this activity support the UHS Vision and Goals?

Purchasing the weight room flooring supports the UHS Vision and Goals by improving the school community. It benefits students to see school improvements, which improves the entire school community. A well-organized strength and conditioning program aids in developing a student's mind and body. This new equipment and flooring afford the students an opportunity to experience a higher level of strength training facilities.

6. If applicable, please list any other funding sources utilized; describe efforts your organization has made to promote tax credit donations to your stakeholders and supporters.

Rincon is in the process of purchasing \$30,000 of weight room equipment through ESSER funds. This will be a significant improvement to our weight room facility. Which will benefit and create more opportunity for all our weight training classes and all our sports programs. Rincon Site council has agreed to put in \$5000.00 to complete the purchase of the weight room flooring.

Requestor Signature: Nicole Rullo

Date: 12/9/2021

Subcommittee notes and recommendation: