

Section VI.K. – Yoga. The School Council approves the inclusion of Yoga in the UHS curriculum with the following stipulations:

1. Yoga 1 (Yoga A/B) is open to students in grades 9, 10, 11, and 12;
2. Yoga 1 (Yoga A/B) satisfies the required P.E. credit **OR HEALTH CREDIT**;
3. Yoga 2 (Yoga C/D) satisfies the required **P.E. CREDIT OR** Health credit;
4. Yoga 1 (Yoga A/B) is a prerequisite for Yoga 2 (Yoga C/D);
5. Only one section of Yoga 2 (Yoga C/D) will be scheduled **INDEPENDENTLY. IF THERE ARE NOT ENOUGH STUDENTS TO RUN AN INDEPENDENT YOGA 2 CLASS, QUALIFYING STUDENTS CAN BE PLACED INTO YOGA 1 CLASSES AND EARN YOGA 2 CREDIT**;
6. No UHS student may take more than one P.E. credit and no more than one health credit; ~~and 4. Both Yoga 1 (A/B) and Yoga 2 (C/D) are year long classes.~~